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Background

The objective of this study was to develop the conceptual context of transforming the “traditional” practice based on intuitive clinical judgement into evidence-based scientific practice. The Joanna Briggs Institute Model (the JBI model) for the development of evidence-based health care guides nurses to synthesize empirical and contextual evidence, to use scientific research and to integrate evidence-based changes into health care practice. The successful applying of the JBI model in Romania, in the current socio-economical and cultural context depends on the interaction of three essential factors: the nurses, the context or the setting and the type of evidence.

Results

Transforming the nurses’ practice is a complex process that involves several stages: the development of the procedures, the protocols and best practice guidelines, conducting research studies, finding their own evidence and applying it. The first stage has begun, but it is extremely difficult due to the following factors: the **variability of the health care practice**, the lack of an evidence-based culture, the informational paradox, the lack of resources (human, material, financial resources and time), the language barrier, not knowing how to use the information programs, **the nurses’ resistance to change**, the lack of quality health care policies.

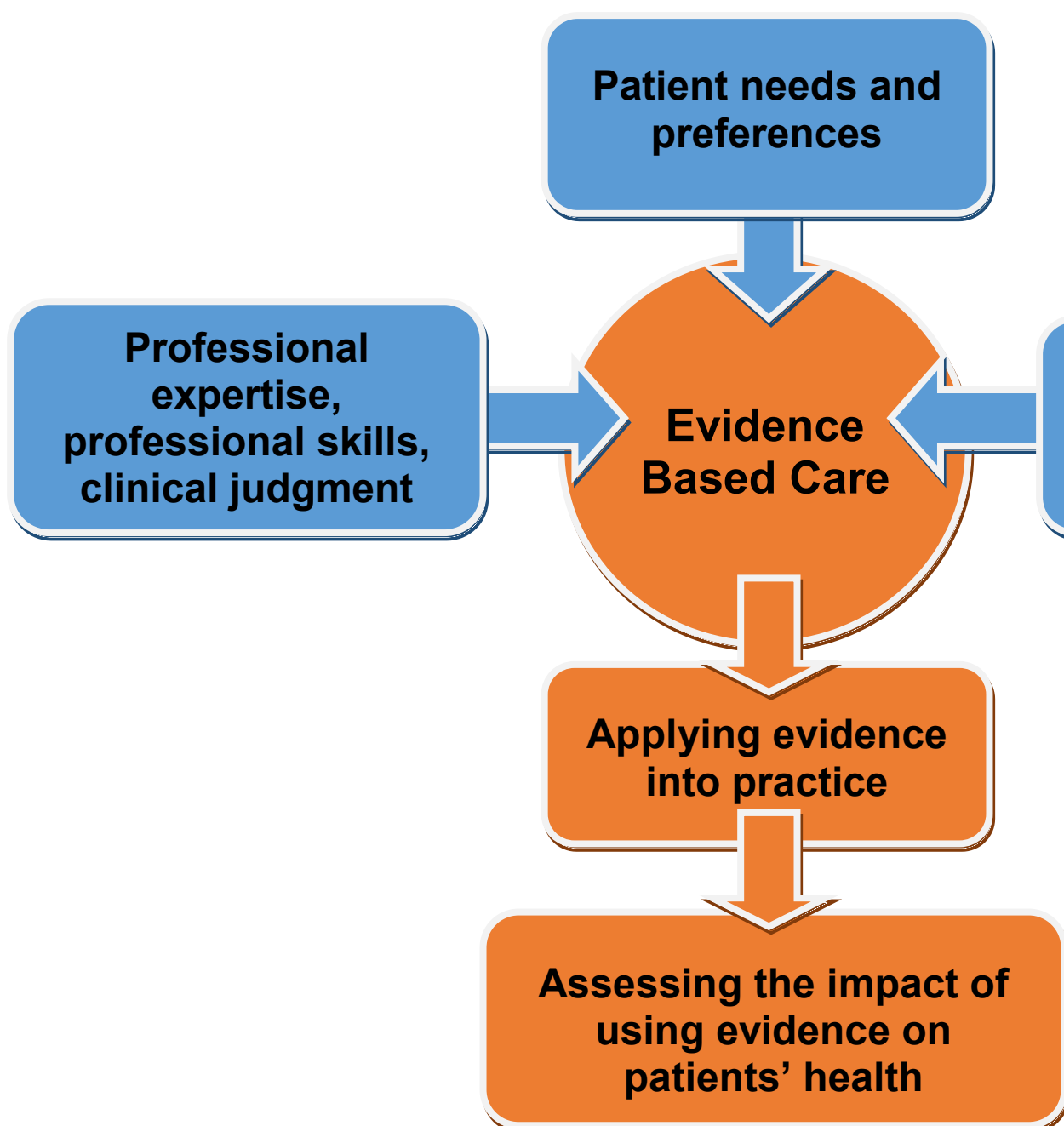
Conclusions

The continuing of the project of transforming the nurses’ practice will be extremely difficult considering the current socio-economic context and it is necessary to implement health care policies on a national level, to obtain funds for research and to develop clinical partnerships with medical institutions.

The activities of project are developed mainly for nurses and midwives and, generally, for health care specialists and also for health care services users, their families and carers.

Methods

We used scientific resources generated by JBI, and also identified sources in the search in the following data bases: MEDLINE, CINAHL, PsycINFO, Embase, Scopus, Google Academic, Cochrane Library, Web of Science. The search was directed towards evidence-based medicine and nursing, the use of research and translational science, the clinical expertise of nurses, evidence-based guidelines and the quality of health care.



Research fields:

1. Risk Management – The Challenge of Change: Pressure Ulcers, Falls, Health Care Association Infections, Hand Hygiene, Acute Postoperative Pain Management.
2. Standardized Planning of Health Care: Development of Operational Procedures for Nursing Practice, Plan of Care, Clinical Risks in Health Care, Clinical Audit of Health Care Services.
3. The nurses’ and midwives’ perception of their own professional identity, their professionalism and professional status, Clinical Leadership.

Selective References:

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